

DVT Risk Assessor

Are you or a loved one at risk for DVT blood clots?

How to complete the risk assessment tool:

1. Enter your name and click start
2. Check each statement that applies to you.
3. Your risk points will accrue in the top right corner. The final screen will show your total DVT Risk Score and what it means.

Name: Enter

START

Question 1 of 4

Each statement is worth 5 points, check all that apply.

- Recent elective hip-or knee-replacement surgery
- Broken hip, pelvis, or leg within the last month
- Serious Trauma within the last month (for example, a fall, a broken bone, or car accident)
- Spinal cord injury resulting in paralysis within the last month

NEXT

Question 2 of 4

Each statement is worth 3 points, check all that apply.

- History of blood clots, either deep vein thrombosis (DVT) or pulmonary embolism (PE)
- Family history of blood clots (thrombosis)
- Family history of blood-clotting disorders
- Age 75 or over

NEXT

Question 3 of 4

Each statement is worth 2 points, check all that apply.

- Cancer (current or previous)
- Recently had major surgery that lasted longer than 45 minutes
- Recent laparoscopic surgery that lasted longer than 45 minutes (surgery performed through a small incision with a lighted, tube-shaped instrument)
- Recently confined to bed rest for more than 72 hours
- Plaster cast that has kept you from moving your limb within the last month
- Tube in blood vessel in neck or chest that delivers blood or medicine directly to heart (also called central venous access)
- Age 60-74 years

NEXT

Question 4 of 4

Each statement is worth 1 point, check all that apply.

- Use of birth control or hormone replacement therapy (HRT)
- Pregnant or had a baby within the last month
- Planning minor surgery in the near future
- Had major surgery within the last month
- Varicose veins
- A history of inflammatory bowel disease (IBD) (for example, Crohn's disease or ulcerative colitis)
- Legs are currently swollen
- Overweight or obese
- Heart attack
- Congestive heart failure
- Serious infection (for example, pneumonia)
- Lung disease (for example, emphysema or COPD)
- Currently on bed rest or restricted mobility
- Age 41-60 years

NEXT

What does your DVT Risk Score mean?

Only your doctor can determine your risk.

LOW RISK (0-1 point)

- Although you may not be at risk right now, it's a good idea to reassess your risk for DVT at regularly scheduled doctor visits or annual exams.

MODERATE RISK (2 points)

- Share your answers to this survey with your doctor at your next scheduled appointment so that he or she may assess your risk.

HIGH RISK (3 or more points)

- Your increased risk required you to share your answers with your doctor so that he or she may assess your risk.

Talking to your doctor about the risk of developing DVT blood clots is the first step toward helping to reduce your risk.

Print your DVT Risk Score.

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